

TURKEY TIME HOCKEY CLINIC



DATE: NOV. 30 & Dec. 1

Instructor: David Gust

Pricing- \$125 ICE SLOTS

- MITE/ SQUIRT: 8:00-9:20 am
- PEEWEE/ BANTAM: 9:30-10:50 am

INDIVIDUAL SKILL WORK! TRAIN THE DETAILS, OWN THE GAME

- <u>Edgework</u>- Most important foundational piece in a players development.
 - Balance and Agility
 - Acceleration
 - Quick transitional movements
- <u>Stickhandling</u>- Variations of stationary stickhandling and moving through obstacles focusing on
 - Puck placement
 - Puck control
 - Vision
 - Quick hands
- <u>Mini games</u>- Putting the clinics tools to the test in small area game

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